





Waitsfield Elementary February School Menu
 Student \$3.25 Reduced Child FREE Adult \$4.25

Each day the lunch menu includes yogurt/cottage cheese and milk (skim & 1%)

Monday	Tuesday	Wednesday	Thursday	Friday
		1 1-Italian Cheese and Salami Quesadillas 2-Italian Cheese Quesadillas Quinoa Salad	2 <u>Loaded Fries</u> Your choice of Gravy Bacon Cheddar Cheese Mixed Vegetables	3 <u>Summer BBQ</u> 1-BBQ Chicken 2-Veggie Burgers Baked Beans Caesar Salad
6 <u>Meatless Monday</u> Grill Cheese And Tomato Soup	7 <u>Sandwiches</u> 1- French Dip Sandwiches 2- Hummus and Vegetable Sandwich Kale Salad	8 <u>Homemade Pizza</u> 1- Pesto and Cheese 2- Pepperoni and Cheese 3- Cheese	9 <u>Isabella's Request</u> 1-Hamburger 2-Cheeseburger 3-Veggie Burger On WG Bun Tater Tots	10 <u>Spaghetti</u> 1- with Meatballs and Marinara Sauce 2- with Marinara Sauce 3-Swedish Meatballs over Egg Noodles
13 <u>Ramen Noodles</u> Curly Asian Noodles with sauteed mixed vegetables	14 <u>Taco Tuesday</u> 1- with Local Beef 2- with Chicken 3- with Refried Beans Add sour cream, homemade salsa and cheddar cheese	15 <u>Soup Bar</u> 1- Potato and Bacon Soup 2- Potato Leek Cobb Salad French Bread	16 <u>Country Living</u> 1- Pork loin with Apple Stuffing 2-Vegetable Lasagna Peas Squash	17 <u>Nachos</u> 1- with Chili 2- with Cheese Homemade Salsa Sour cream
20 <u>Meatless Monday</u> 1-Black Bean, Corn and Tomato Quesadilla 2-with Cheddar Cheese	21 <u>Chef Salad Bar</u> Turkey Ham Tuna Cheese And lots more	22 1-Homemade Cabot Mac & Local Cheese 2- or Cabot Mac & Trees (broccoli) Roasted Beets	23 <u>Pizza</u> 1- Cheese and Pepperoni 2- Cheese 3- Pesto and Cheese	24 <u>Stir fry</u> 1- with Chicken and Vegetables 2- with Vegetables Over Basmati Rice
27 No School 	28 No School 			

Grab & Go Breakfast \$1.75 Child \$2.00 Adult Free Reduced child

Trail Mix Apple Juice/Milk	Banana Bread Yogurt Juice/Milk	Cereal (Kix) Juice/Milk	Egg and Cheese Sandwich Yogurt Juice/Milk	Yogurt Parfaits Juice/Milk
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When submitting payment for your child's account, please send check or cash in whole dollar amounts - Thank you! Prepayment is expected!

News from the biggest classroom in the school:

Thanks to all who helped by celebrating the colors of the rainbow last week. What a fun way to introduce food to children.

Love is in the air, help spread it by supporting your school lunch program. The more students that participate allows us to be able to purchase more local and organic products. It is a great way to help support buying local.

